

Leadership through Little Leaders

Health and Wellbeing

Improve your Teamwork, Communication and Organisation skills through sport.

You will complete a nationally recognised qualification in Sports Leadership, which develops the best Leadership qualities in you so that you can bring out the best in others. You will complete 6 units with different Learning Outcomes: Develop as a leader, Learn key skills for life, Get involved in volunteering in your community to make it healthier and more active.



Skills Focus



Recognition of Achievement

L1 Sports Leader Award

Learning Intentions & Success Criteria

Learning Intentions

I will:

- plan, lead and review a sport/activity.
- develop leadership skills.
- lead activities that promote healthy lifestyle.
- understand the use of Fair play in sport.
- understand the role of the official in sport.
- learn about opportunities in sport and recreation.

Success Criteria

I can:

- take part in planning, leading and reviewing an activity, using verbal and non verbal communication.
- state the skills I need.
- motivate and manage participants and identify factors that affect healthy lifestyle.
- plan, lead and review a session that raises the heart rate.
- understand and apply fair play when leading activities.
- understand the role of the official, rules for different activities and use these to act as an official in 2 activities.
- explain the different opportunities in sport and recreation locally.

Senior Phase Progression

Senior Sports Leader WAO